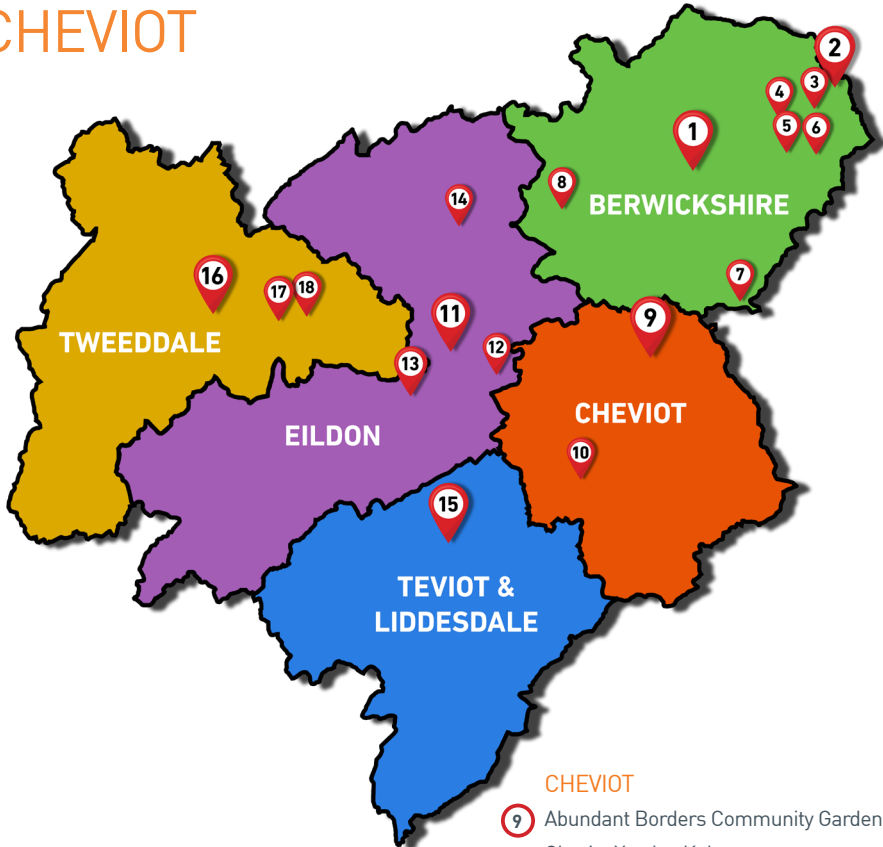




WHERE TO GET HELP WITH FOOD IN THE SCOTTISH BORDERS

CHEVIOT



CHEVIOT

- 9 Abundant Borders Community Garden – Kelso
Cheviot Youth – Kelso
Kelso Foodbank – Kelso
- 10 Jedburgh Foodbank – Jedburgh

Useful Contacts

Scottish Borders Council Customer Advice and Support

0300 100 1800

www.scotborders.gov.uk

Provides information on the range of services provided by the Council, including Housing Benefit, Council Tax Benefit and Council Tax.

Financial Support

If you are on a low income or receiving certain benefits and are experiencing hardship you can apply for a Crisis Grant by calling 0300 100 1800. More information and other forms of support are available at:

www.scotborders.gov.uk/benefits

Age Scotland Check in, Cash Out

Every year hundreds of millions of pounds in vital financial support go unclaimed by older people in Scotland.

The "Check in, Cash out" campaign aims to raise awareness and increase take-up of the social security available to help older people live well.

www.ageuk.org.uk/scotland

Homelessness Services

Paton Street, Galashiels, TD1 3AS

0300 375 1138 or 01896 752111 after hours

www.scotborders.gov.uk/homelessness

NHS Money Worries App

The NHS Borders Money Worries App provides information about support services available nationally and locally in the Scottish Borders. Find out how you can improve your financial health by downloading it from either the Apple App store or Google.



Citizens Advice Bureau

Offers free, confidential advice on a range of issues including money, debt and benefits.

CAB Offices in Cheviot

20 Shedden Park Road, Kelso, TD5 7AL

01573 223516

enquiries@roxburghcab.online.org.uk

Energy Advice

Home Energy Scotland

Expert advisors offering free, impartial advice on energy saving, keeping warm at home, renewable energy, greener travel, cutting water waste and more.

www.homeenergyscotland.org

Changeworks

Scottish environmental charity delivering solutions for low carbon living.

www.changeworks.org.uk

Registered Social Landlords in Cheviot

Offering their tenants free confidential advice on a range of issues including money, arrears and benefits.

Scottish Borders Housing Association

South Bridge House, Whinfield Road, Selkirk, TD7 5DT

01750 724400 / 01750 724444

enquiries@sbha.org.uk

Berwickshire Housing Association

55 Newtown Street, Duns, TD11 3AU

01361 884000

info@berwickshirehousing.org.uk

Waverley Housing Association

51 North Bridge Street, Hawick, TD9 9BD

01450 364200

info@waverleyhousing.co.uk

Eildon Housing Association

The Weaving Shed

Ettrick Mill, Selkirk, TD7 5EB

03000 200217

enquiries@eildon.org.uk